

## Adult Faith Formation

**Cornerstone** is a retreat program that has been very meaningful in the lives of a great number of men and women. The purpose of a Cornerstone retreat is to give the retreatant answers, clarity, purpose, and hope. The retreat means something different to each of us. One thing it does universally, is put one in touch with other like-minded people. People who may very well team up in Christian projects, putting their faith to work, showing their love for God, by serving others.

The Cornerstone Concept: Our stories are part of God's story, and only through sharing and owning our stories -- the good and the bad -- can we truly begin to understand and accept ourselves and others and to see how God is working in our lives. Cornerstone is a 26-hour retreat, allowing adults to become more actively involved in their spiritual development by examining and perhaps sharing their own stories, reflecting upon stories others, forming meaningful relationships, and building community with God.

Cornerstone is offered separately for men and women once a year and is held at Church from Friday night to Saturday evening. ***People from other parishes are encouraged to attend and then bring Cornerstone to their parish.*** While Cornerstone is run by the Laity, a priest and a deacon is involved for spiritual guidance. The goal of Cornerstone is for each retreatant to develop a stronger connection to God so that he/she may live the life that God wants him/her to live.

The team is comprised of retreatants from the previous year who make a year-long commitment to prepare the next Cornerstone. Each year a new team is put together among new retreatants and Cornerstone alumni, they spend a year together building personal relationships, and producing and managing the next retreat. Participants often join team and/or form Small Christian Communities to continue their spiritual growth in the knowledge and love of God while helping others do the same.

Cornerstone Alumni find that they have devolved a closer relationship with God, as well as a better understanding of themselves and others. Many have found it a life changing experience. Fellowship and direction are two of the wonderful gifts many get from Cornerstone.

*This adapted explanation was taken from the Church of the Presentation website. The Church of the Presentation is where Cornerstone began.*

## Opportunities to begin the Cornerstone Experience.

### Women's Cornerstone Retreat November 3- 4 2017

St. Catherine Church  
905 South Maple Avenue Glen Rock, New Jersey 07452.  
201-445-3703 (office)

<https://stcatharinechurch.org/events/womens-cornerstone-retreat>

### Women's Cornerstone: November 3 - 4, 2017

#### Celebrate in God's Light

St Vincent Martyr, 26 Green Village Road, Madison, NJ  
07940 Phone: 973 377 4000

[stvincentmartyr.org](http://stvincentmartyr.org)

### Women's Cornerstone: March 2-3, 2018

The Parish Community of St. Helen

1600 Rahway Avenue  
Westfield, New Jersey 07090

P (908)232-1214

F (908)317-5459

[sthelen@sainthelen.org](mailto:sthelen@sainthelen.org)

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### Men's Cornerstone Retreat: January 26 & 27, 2018

Notre Dame of Mt. Carmel

75 Ridgedale Ave. Cedar Knolls, NJ 07927

973-538-1358. Registration will open December 1, 2017

[ndcarmel.com](http://ndcarmel.com)

### Men's Cornerstone: February 9 – 10, 2018

#### Deo in Clavo - God at the Helm

St Vincent Martyr, 26 Green Village Road, Madison, NJ  
07940 Phone: 973 377 4000

You can register on line <http://www.stvincentmartyr.org/>  
or Call Tony Salerno at 732-453-6516.

### Men's Cornerstone Retreat: February 16 -17, 2018

St Mary's Church 280 Washington Ave, Dumont, NJ  
07628. For more information, please text Mike Reidy at  
201 -873-2972

[stmarysdumont.org](http://stmarysdumont.org)

### Men's Cornerstone: March 9-10, 2018

The Parish Community of

St. Helen

1600 Rahway Avenue

Westfield, New Jersey 07090

P (908)232-1214

[sthelen@sainthelen.org](mailto:sthelen@sainthelen.org)

**Questions? e-mail Mary Kay Benjamin**

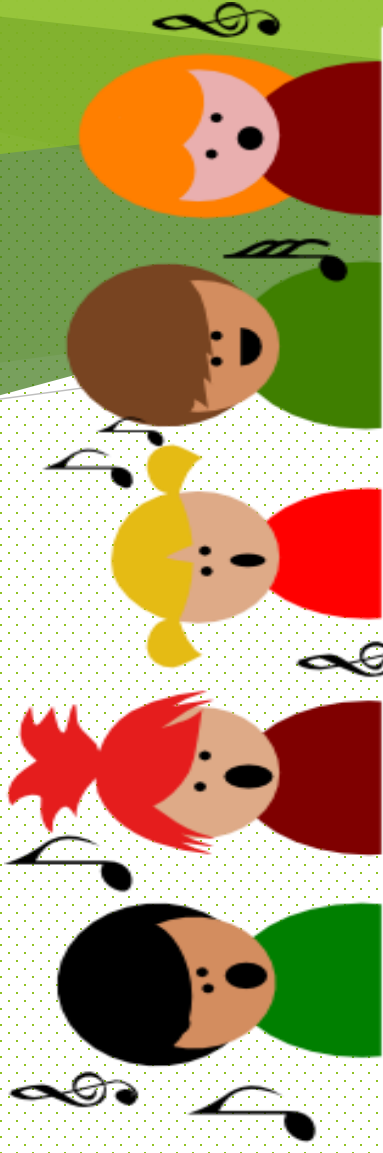
[religiousformation@stmaryrutherford.org](mailto:religiousformation@stmaryrutherford.org)

# It's Our 10<sup>th</sup> ANNIVERSARY

2007-2017

Sign ups and cookies  
will be after all Masses  
on 9/9-10 in the  
narthex.

For more information please  
contact Andrea Covais at:  
[andrea.covais@gmail.com](mailto:andrea.covais@gmail.com)



Our Children's Choir welcomes boys and girls in grades  
1-9. Rehearsals are Fridays from 4:30 pm - 5:30 pm in  
the church. Children's choir sings twice a month at the  
10:30 am Mass on Sunday.



Those in grades 6 and up can also  
sing in our Teen Choir. Teen Choir  
sings once a month at the 5pm Mass  
on Saturday.